

The Pennsylvania Asthma Partnership is a collaboration between the American Lung Association in Pennsylvania and the Pennsylvania Department of Health. This collaboration is funded by the Pennsylvania Department of Health through a cooperative agreement with the Centers for Disease Control and Prevention.

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Asthma Symptoms can Worsen in Winter: Here's What to do



Your New Year's resolution to take up running ended in coughing and wheezing. Are you that out of shape? Or is your asthma not as well-controlled as you thought it was?

What happened on your winter run may very well have been an asthma attack triggered by exercise. It's called exercise-induced bronchoconstriction (EIB). As many as 90 percent of people with asthma also have EIB, according to the American College of Allergy, Asthma & Immunology (ACAAI).

Asthma-Related School Absenteeism, Morbidity, and Modifiable Factors

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INFORMATION FOR CATEGORY 1 CME CREDIT

Asthma-Related School Absenteeism, Morbidity, and Modifiable Factors
Jaghu, MD, MS, Hsuang Qn, PhD, MB, Suzanne F. Brown, MD, Maria C. Misak, PhD, MPH
June 2014, 233

This article has been chosen to participate in the ACPM CME program. Please read and follow the instructions below.

Disclaimer: After reading this article, the learner should be able to:
1. Identify "modifiable" risk factors for school absenteeism and asthma morbidity.
2. Discuss links between asthma-related school absenteeism and financial factors in urban and rural health care.
3. Describe the relationship between asthma-related school absenteeism and the learner's environment.

Accreditation Statement: This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME). ACPM is accredited by the ACCME to provide continuing medical education for physicians.

CPD Designation: ACPM designates this educational activity for a maximum of 1 Category 1 credit toward the American Medical Association (AMA) Physician's Recognition Award (PRA)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure: In accordance with the disclosure policy of the American College of Preventive Medicine (ACPM) and the American Journal of Preventive Medicine (AJPM), as well as the standards set forth by the Accreditation Council of Continuing Medical Education (ACCME), authors and any individuals in a position to control the content of a CME activity are required to disclose financial relationships with any commercial interests within the past 12 months.

The authors for this Learning Cycle, Suzanne F. Brown, and Maria C. Misak, have disclosed that no relevant financial relationships exist.

Term of approval: July 1, 2014, to July 1, 2017.
Renewed for a maximum of 3 hours.

Methods to receive CME credit: One can receive CME credit by attending this activity in person or by watching the CME video on-line at www.pennmedicine.org to receive the CME credit. Credit will be awarded for CME credits and will be automatically added to your profile.

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Free access to CME credit are available for the article "Asthma-Related School Absenteeism, Morbidity, and Modifiable Factors", which also analyzed BRFSS Asthma Call-back Survey data.

Asthma is a leading cause of chronic disease-related school absenteeism. Few data exist on how information on absenteeism might be used to identify children for interventions to improve asthma control. This study investigated how asthma-related absenteeism was associated with asthma control, exacerbations, and associated modifiable risk factors using a sample of children from 35 states and the District of



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CME Information Article

Link Found Between Coarse Particulate Matter Exposure and Pediatric Asthma



Exposure to coarse particulate matter (PM) pollution may increase the prevalence of asthma in US children enrolled in Medicaid, according to a new study.

Lead author Corinne A. Keet, MD, PhD, Associate Professor at Johns Hopkins University School of Medicine, Division of Pediatric Allergy and Immunology, told MD Magazine that the most striking finding of the study was that PM levels - that is, large-sized particulate pollution - were independently associated with asthma prevalence and exacerbations.

"This is important because this type of pollution is not currently regulated and much less attention has been given to it," Keet said.

Open Airways for Schools Facilitator Training- Allentown, PA

Open Airways for Schools Facilitator Training

Individuals who participate in the workshop gain the skills necessary to become Open Airways for Schools Facilitators in their communities. Each facilitator is trained to lead an evidence-based asthma management program for children 6-11 years old. These sessions are delivered over 6 sessions and each session is 40 minutes.

Who Are Open Airways for Schools?

Open Airways for Schools is the most widely recognized asthma management program for children in the nation, and a proven-effective way to improve asthma self-management skills, decrease asthma emergencies and raise asthma awareness among families and school personnel.

Date: Tuesday, January 23, 2015

Time: 2 pm - 4:30 pm

Location: American Lung Association in Pennsylvania
810 River Ave Suite 140, Pittsburgh, PA 15212

Cost: \$175 which includes the training and program materials
Scholarship Opportunity available upon request

Special Note: There is an online training that needs to be taken prior to the in-person training. It can take 2 hours to complete. This in-person training will build from the material learned during the online training session.

Register by 2:00pm, January 13, 2015, for contacts:
Shelly Cree, American Lung Association in Pennsylvania
Shelly.Cree@lung.org or 717-545-0864 x 110

Open Airways For Schools (OAS) Facilitator Training: OAS is a school-based curriculum that educates and empowers kids through a fun and interactive approach to asthma self-management. OAS is a recommended component of the American Lung Association's Asthma-Friendly Schools Initiative, a comprehensive approach to managing asthma in schools.

When? May 17, 2018; 1-3:30pm
****Scholarships Available****
Please contact Shelly Cree at Shelly.Cree@lung.org for more information!

We thank you for your continued participation in the Pennsylvania Asthma Partnership and dedication to supporting Pennsylvanians

with asthma across the Commonwealth.

Sincerely,

John Keith
Program Manager
PA Asthma Partnership