



October 20, 2017

The Pennsylvania Asthma Partnership is a collaboration between the American Lung Association in Pennsylvania and the Pennsylvania Department of Health. This collaboration is funded by the Pennsylvania Department of Health through a cooperative agreement with the Centers for Disease Control and Prevention.

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Plan an Allergy-Safe Halloween for Your Child



Halloween's frights extend beyond goblins and ghouls if you're a child with food allergies or asthma.

"You want Halloween to be scary for the right reasons -- ghosts, goblins and witches -- not allergies and asthma," said allergist Dr. Stephen Tilles, president of the American College of Allergy, Asthma and Immunology.

"If you follow a few common-sense rules, you should be able to keep your kids safe and the party going without allergy and asthma symptoms," he said in an association news release.

Reducing Humidity Creates Healthier Homes for Those With Asthma and Allergies



Let's Stay Connected!

PA Asthma Partnership



Clean Indoor Air for PA



Healthy Air PA



ALA in PA



PA Department of Health





The Asthma and Allergy Foundation of America (AAFA) and Allergy Standards Limited (ASL) announced today that five DeLonghi dehumidifiers have earned asthma & allergy friendly® Certification. These are the first dehumidifiers to receive the program's mark.

The asthma & allergy friendly® Certification Program, an independent program administered by AAFA with their partner ASL, helps consumers identify products more suitable for people with asthma and allergies.

In high humidity, mold and dust mites thrive, both of which can cause serious problems for those with asthma and allergies. A dehumidifier can help consumers balance the humidity in their homes, offices and classrooms to an appropriate level to reduce allergen exposure.

Paula Radcliffe's 5 Tips on Staying fit and Healthy With Asthma



During her career as a long-distance runner, Paula Radcliffe won the Marathon, gold medal in the 2005 World Championships, finished first in the Chicago Marathon, was a three-time New York Marathon champion, and won the London Marathon three times - in 2003

setting a world record of two hours, 15 minutes and 25 seconds that still stands today.

She accomplished all of that without letting her asthma get in the way of her athletic dreams and since retiring, keeps fit by going out sea kayaking, cycling with her children, swimming, and of course, running.

Open Airways For Schools Facilitator Training Opportunity

 **Open Airways for Schools Facilitator Training**

 **OPEN AIRWAYS FOR SCHOOLS**

Individuals who participate in the workshop gain the skills necessary to become Open Airways for Schools Facilitators in their communities. Each facilitator is trained to hold an evidence based asthma management program for children 6-11 years old. These sessions are delivered over 6 sessions and each session is 40 minutes.

Why Use Open Airways for Schools?

Open Airways For Schools is the most widely recognized asthma management program for children in the nation, and a proven-effective way to improve asthma self-management skills, decrease asthma emergencies and raise asthma awareness among families and school personnel!

Date:
Thursday, November 30th, 2017

Time:
9am-11:30am

Location:
American Lung Association
3001 Gettysburg Road, Camp Hill, PA 17011

Cost:
\$175 which includes the training and program materials
Scholarship Opportunity available upon request

Special Note
There is an online training that needs to be taken prior to the in-person training. It can take 2 hours to complete. This in-person training will build from the materials learned during the online training session.

Register by Friday, November 24th by contacting:
Shelly Cree, American Lung Association in Pennsylvania
Shelly.Cree@lung.org or 717-541-5864 x 130

Open Airways For Schools (OAS) is a school-based curriculum that educates and empowers kids through a fun and interactive approach to asthma self-management. OAS is a recommended component of the American Lung Association's Asthma-Friendly Schools Initiative, a comprehensive approach to managing asthma in schools. It is also the most widely recognized asthma management program for children in the nation, and a proven-effective way to improve asthma self-management skills, decrease asthma emergencies and raise asthma awareness among families and school personnel.

An Open Airways For Schools facilitator can be a school nurse or other staff member, a community asthma educator or a volunteer who likes working with children. Some knowledge and experience with asthma is preferred, but not required.

Our Sponsors



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****Scholarships Available****

Please contact Shelly Cree at Shelly.Cree@lung.org for more information!

We thank you for your continued participation in the Pennsylvania Asthma Partnership and dedication to supporting Pennsylvanians with asthma across the Commonwealth.

Sincerely,

**John Keith
Program Manager
PA Asthma Partnership**