

The Pennsylvania Asthma Partnership is a collaboration between the American Lung Association in Pennsylvania and the Pennsylvania Department of Health. This collaboration is funded by the Pennsylvania Department of Health through a cooperative agreement with the Centers for Disease Control and Prevention.

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## [Secondhand Exposure to Electronic Nicotine Delivery Systems Linked to Asthma Symptoms in Youth](#)



While current research suggests an association between electronic nicotine delivery systems (ENDS) use among youth and an increase in asthma exacerbation, along with increased coughing and wheezing in adolescents who use e-cigarettes, little has been known about the association of secondhand ENDS aerosol exposure and asthma control in youth. Now, a new study in Chest has identified a correlation between ENDS and asthma symptoms in youth.

The study, conducted by researchers at the Division of Intramural Research at the National Institute on Minority Health and Health Disparities in Bethesda, found that the association was independent of cigarette smoking and ENDS use and exposure to secondhand cigarette

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PA Asthma Partnership



Clean Indoor Air for PA



Healthy Air PA



ALA in PA



PA Department of Health



smoke.<sup>2</sup> The authors recommend that their study findings highlight the need for counseling by healthcare providers to include information about the potential risk of exposure to ENDS aerosols for youth with asthma.

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## **American Lung Association's New MyShot Campaign Speaks to People Ages 50 and Older About the Potential Dangers of the Flu**



**MyShot**

A public education campaign designed to reach people 50 and older on the potential dangers of flu.  
Brought to you by the American Lung Association in collaboration with Sanofi Pasteur.

The American Lung Association is urging adults 50 years of age and older to get their annual flu shot through its new MyShot campaign, which shares the personal stories of adults in their 50s, 60s and 70s and why they prioritize getting a flu shot. MyShot stories illustrate the potential impact of flu on this vulnerable group (severe illness, worsening of chronic health conditions, hospitalization and leading to missed work days). The campaign reinforces the need for adults 50 years of age and older to talk with their health care providers about flu shot options that may be right for them.

## **Lock Up Lung Cancer: Lung Cancer Awareness Month!**



Join the fight to bring lung cancer to justice

Lung cancer is the #1 cancer killer of women. And since the mid-1970s, lung cancer diagnoses among women have been on the rise.

It's a hidden issue. It's a women's issue. And too few live to tell about it. LUNG FORCE is a nationwide initiative led by the American Lung Association to unite women to stand together against lung cancer. Join us to Lock Up Lung Cancer for good.

### **Minimally Invasive Surgery Resources:**

*Pages to visit and read:*

<https://www.lung.org/lung-health-and-diseases/lung-disease-lookup/lung-cancer/patients/treatment/types-of-treatment/lung-cancer-surgery.html>

<https://www.lung.org/lung-health-and-diseases/lung-procedures-and-tests/minimally-invasive-thoracic-surgery.html>

*Short videos to watch:*

Full video: [https://youtu.be/G\\_YsmFxsJT4](https://youtu.be/G_YsmFxsJT4)

Promo: <https://youtu.be/pbuy971qzEk>

## **Check out the PA Asthma Partnership Resource Hub!**



The PA Asthma Partnership has created a "Resource Hub" for all asthma programs and resources. We welcome resources from all organizations!

Email Shelly at [shelly.cree@lung.org](mailto:shelly.cree@lung.org) to add resources from your organization to share with the Partnership!

## **Regional Opportunities!**



### **WESTERN REGION**

- [Allegheny Quits for Life](#): November 11-17; Tobacco Free Allegheny, along with their partners, will be celebrating the 4th annual Allegheny Quits for Life Cessation Awareness Week!
- Fight for Air Climb: [Pittsburgh, PA- March 30, 2019](#)
- LUNG FORCE Expo: [Pittsburgh, PA- May 15, 2019](#)

### **EASTERN REGION**

- Fight for Air Climb: [Philadelphia, PA- March 30, 2019](#)
- LUNG FORCE Expo: [Cherry Hill, NJ- April 23, 2019](#)
- LUNG FORCE Walk: [Philadelphia, PA- May 18, 2019](#)

**If you have an event you would like to share or promote to PA Asthma Partnership members, please email Shelly at [Shelly.Cree@lung.org](mailto:Shelly.Cree@lung.org)!**

**We thank you for your continued participation in the Pennsylvania Asthma Partnership and dedication to supporting Pennsylvanians with asthma across the Commonwealth.**

**Sincerely,**

**John Keith  
Program Manager  
PA Asthma Partnership**