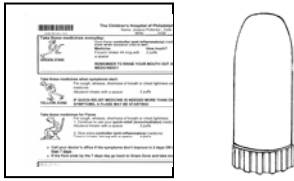

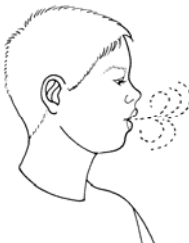


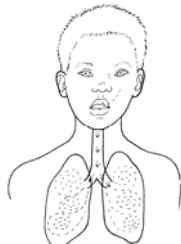
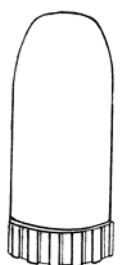
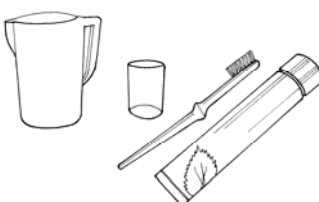
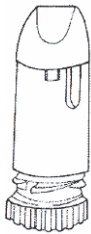


How to Use Your Dry Powder Inhaler (DPI) Flexhaler

37:B:06

The Flexhaler should only be used when prescribed by your physician or healthcare provider with the medication and in the dosage prescribed.

<p>Step 1. Check your Asthma Care Plan to see when to take the medicine in your Flexhaler.</p> 	<p>Step 2. Twist off the Flexhaler cover. Keep the Flexhaler upright like a rocket.</p> 	<p>Step 3. Breathe out.</p>  <p>*Be careful not to blow into the Flexhaler.</p>
<p>Step 4. Hold the Flexhaler upright in one hand. Twist the brown grip forward and back until it clicks to load one dose of medicine.</p> 	<p>Step 5. Place the mouthpiece between the lips and take a fast, full, deep breath in.</p> 	<p>Step 6. Hold your breath for 10 seconds and then breathe out normally.</p> 
<p>Step 7. Repeat steps 3, 4, 5, and 6 for each dose of medicine as prescribed. When you are finished, put the cover back on the Flexhaler.</p> 	<p>Step 8. Rinse your mouth out. Take a sip of water, swish it around your mouth, and then spit it out. OR Brush your teeth.</p> 	<p>Step 9. The Flexhaler comes with 200 doses of medicine. Check the counter to see how many are left.</p>  <p>Call for a refill before you run out of medicine.</p>

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