



EPA Asthma Resources Order Form

While these materials are free of charge, there may be a limit on the number of copies that can be ordered. Note that this order form is valid for the 2012 calendar year only. Please check <http://www.epa.gov/asthma/publications.html> for the most up-to-date resources available. Direct all questions to NSCEP at (800) 490-9198. Ordering information is available on the back of this form.



Asthma Home Environment Checklist

This checklist guides home care visitors in identifying environmental asthma triggers most commonly found in homes.

- Available for download at http://www.epa.gov/asthma/pdfs/home_environment_checklist.pdf
- EPA 402-K-05-001A (Hard Copy)



Breathing Freely: Controlling Asthma Triggers Video

Featuring conversations with medical professionals and parents of children with asthma, this video presents the role of the environment in triggering and worsening asthma attacks and offers ways to manage asthma to help children lead normal, healthy lives.

- EPA 402-C-06-001 (DVD available in English or Spanish)



Care for Your Air: A Guide to Indoor Air Quality

This brochure provides quick and simple overview of some key indoor air pollutants including radon, secondhand smoke, asthma triggers, volatile organic compounds, molds and combustion pollutants. The brochure unfolds into a poster that features action steps to improving indoor air.

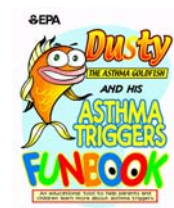
- Available for download at <http://www.epa.gov/iaq/pdfs/careforyourair.pdf>
- EPA 402-F-08-008 (Hard Copy)



Clear Your Home of Asthma Triggers: Your Children Will Breathe Easier

This brochure is a handy resource for parents and caregivers of children with asthma. It explains common indoor asthma triggers and how to control them in homes.

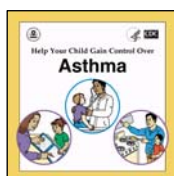
- Available for download at http://www.epa.gov/asthma/pdfs/asthma_eng.trifold.pdf
- EPA 402-F-99-005 (Hard Copy)



Dusty the Asthma Goldfish and His Asthma Triggers Activity Book

This educational activity book helps children learn more about asthma triggers.

- English version available for download at http://epa.gov/asthma/pdfs/dustythegoldfish_en.pdf
- Spanish version available for download at http://epa.gov/asthma/pdfs/dustythegoldfish_sp.pdf
- EPA 402-F-04-008 (Hard Copy English) EPA 402-F-04-009 (Hard Copy Spanish)



Help Your Child Gain Control Over Asthma

This brochure offers tips on how to manage asthma and follow simple steps to minimize exposure to asthma triggers found indoors and out.

- English version available for download at http://epa.gov/asthma/pdfs/ll_asthma_brochure.pdf
- Spanish version available for download at http://epa.gov/asthma/pdfs/controlar_el asma.pdf
- EPA 402-F-04-021 (Hard Copy English) EPA 402-F-05-021 (Hard Copy Spanish)



Implementing an Asthma Home Visit Program: 10 Steps to Help Health Plans Get Started

This guide offers health care organizations step-by-step instructions on how to start an asthma home visit program, with emphasis on environmental risk factor management. Representatives from seven health care plans share their experiences and recommendations.

- Available for download at http://epa.gov/asthma/pdfs/implementing_an_asthma_home_visit_program.pdf



IAQ Tools for Schools Action Kit

The *IAQ Tools for Schools* Action Kit shows schools how to carry out a practical plan of action to improve indoor air problems at little or no cost using straightforward activities and in-house staff. The Action Kit provides best practices, industry guidelines, sample policies and a sample IAQ management plan.

- Access specific components of the Kit at <http://www.epa.gov/iaq/schools/actionkit.html>
- Access the interactive problem solving tool at http://www.epa.gov/iaq/schools/problem_solving_tool.html



Managing Asthma in the Schools Environment

This guide offers valuable information for all school staff, especially school nurses, teachers and maintenance staff, on how to identify and control common environmental factors in schools that trigger asthma episodes.

- Available for download at http://www.epa.gov/iaq/schools/pdfs/publications/managing_asthma.pdf
- HTML Version available at <http://www.epa.gov/iaq/schools/managingasthma.html>
- EPA 402-K-10-004 (Hard Copy)



Secondhand Tobacco Smoke and the Health of Your Family Brochure (Bilingual)

With English text on one side and Spanish text on the other side, this straightforward brochure explains the basics about the dangers of secondhand smoke to families, especially to children. This tri-fold brochure can be used at health fairs, clinics and hospitals, parent meetings, and at other community activities.

- Available for download at http://www.epa.gov/smokefree/pdfs/trifold_brochure.pdf



Smoke-free Homes Placemat

A bilingual placemat for children. Comes packaged in 100 copies per bundle.

- EPA 402-E-04-008 (Hard Copy)



Why Is Coco Orange?

Coco the chameleon can't change colors, and his asthma is acting up. Read how Coco and his friends at Lizard Lick Elementary solve this mystery as they learn about air quality and how to stay healthy when the air quality is bad. This picture book is for all children, especially those with asthma, and their caregivers.

- Available only for download at <http://www.epa.gov/airnow/picturebook/coco's-orange-day-web.pdf>

How to Order Publications

In addition to downloading these materials from the website (<http://www.epa.gov/asthma/publications.html>), you can order publications available in hard copy format from EPA's **National Service Center for Environmental Publications — NSCEP** at no cost.

P.O. Box 42419, Cincinnati, OH 45242-0419

Website: <http://www.epa.gov/nscep>

Phone: 1-800-490-9198 (Monday - Friday from 9:00 a.m.-5:30 p.m. Eastern). Fax: (301) 604-3408

Email: nscep@bps-lmit.com

Use the **EPA Document Number** when ordering from NSCEP.