



April 20, 2018

The Pennsylvania Asthma Partnership is a collaboration between the American Lung Association in Pennsylvania and the Pennsylvania Department of Health. This collaboration is funded by the Pennsylvania Department of Health through a cooperative agreement with the Centers for Disease Control and Prevention.

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## [Spring 2018 PA Asthma Partnership Statewide Meeting](#)



**WHAT:** FULL PA ASTHMA PARTNERSHIP MEETING (all Regions attending)

**WHEN:** Tuesday, April 24th from 10am to 2:30pm

**WHERE:** The Linglestown GIANT Community Center 2300 Linglestown Rd. Harrisburg, PA 17110

\*\*Please Note\*\*

- **Lunch:** Lunch will be provided for all attendees!
- **Exhibitor Table:** We will have a PAP member exhibitor table located at the back of the room. Please feel free to bring any pamphlets/information from your organization that you'd like to share with the other members.
- **Call-In Option:** We will have a Skype Call-In option available from 10 AM until 12 PM. Participation in the remainder of the meeting will only be available to members who are attending in-person.
- **RSVP:** Please let us know if you will be attending by either responding to the calendar invite OR emailing Shelly directly @

## Quick Links

[Join PAP](#)

[About PAP](#)

[Resources](#)

[Asthma 101](#)

[Coaches Clipboard](#)

[Open Airways For Schools](#)

[Asthma Management Plan](#)

[Course Sites](#)

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## Let's Stay Connected!

PA Asthma Partnership



Clean Indoor Air for PA



Healthy Air PA



ALA in PA



PA Department of Health



We look forward to seeing you at the Spring 2018 Statewide Pennsylvania Asthma Partnership Meeting!

## 2018 State of the Air Report Released

**STATE OF THE AIR 2018** For 19 years, the American Lung Association has analyzed data from official air quality monitors to compile the "State of the Air" report. This year's report that found ozone pollution worsened significantly in 2014-2016 compared to the previous report, while improvements continued in year-round particle pollution and fewer episodes of high particle days.

To learn more about Pennsylvania's "State of the Air" click [here](#).

## Take Care of Your Lungs, and They'll Take Care of you



Most of us refuse to eat a food that looks dirty, smells bad or we know to be poisonous or toxic. Generally speaking, if you don't want it in your body you don't put it there by eating it. However, there are other ways that chemicals, toxins, poisons and unwanted microorganisms enter the body.

However, the organ we often seem to take for granted, however, is our lungs. This highly sensitive organ is another route for outside hazards to enter our bodies. It is a vital organ that we rarely think about or protect. Because threats to our lung health may be in the very air we breathe, we have less ability to see or control the quality of the air we breathe. While we can test our homes for radon, stop smoking or avoid second-hand smoke, it is more difficult to avoid outdoor pollution like exhaust fumes or workplace hazards.

## What Does Asthma Have to do With Your Allergies? Probably a lot



People who have allergies often also have asthma. And people with asthma often have allergies. While the two may not seem related, studies show about two-thirds or more of those with asthma also have an allergy. May is Asthma and Allergy Awareness Month, a great time to look at your symptoms and figure out if you're suffering from asthma,

allergies, or both.

"What many people don't realize is that the same things that trigger your seasonal hay fever symptoms - things like pollen, dust mites, mold and pet dander - can also cause asthma symptoms," says allergist Bradley Chipps, MD, president of the American College of Allergy, Asthma and Immunology (ACAAI). "If you have allergies, and you are wheezing or coughing, see an allergist to find out if you also have asthma. Allergists are also specialists at treating asthma and can put together a treatment plan to help you deal with both allergies and asthma."

## Open Airways For Schools- Training Opportunity!

### Our Sponsors



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DEPARTMENT OF HEALTH  
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**Open Airways For Schools (OAS) Facilitator Training:**

OAS is a school- based curriculum that educates and empowers kids through a fun and interactive approach to asthma self-management. OAS is a recommended component of the American Lung Association's Asthma-Friendly Schools Initiative, a comprehensive approach to managing asthma in schools.

Reading, PA: May 17, 2018; 1-3:30pm

Pittsburgh, PA: June 12, 2018; 1-3:30pm

**\*\*Scholarships Available\*\***

Please contact Shelly Cree at [Shelly.Cree@lung.org](mailto:Shelly.Cree@lung.org) for more information

**Get Involved!**



Day at the Capitol

[Harrisburg, PA- May 1, 2018](#)

LUNG FORCE Expo

They are a great opportunity to learn more about the latest trends, resources and research surrounding lung cancer, COPD, asthma and other lung diseases.

[Pittsburgh, PA- June 7, 2018](#)

LUNG FORCE Walk/Run

[Allentown, PA- April 28, 2018](#)

[Philadelphia, PA- May 19, 2018](#)

[Harrisburg, PA- November 13, 2018](#)

Pasta Run

[Harrisburg, PA- June 13, 2018](#)

**We thank you for your continued participation in the Pennsylvania Asthma Partnership and dedication to supporting Pennsylvanians with asthma across the Commonwealth.**

**Sincerely,**

**John Keith**

**Program Manager**

**PA Asthma Partnership**