

The Pennsylvania Asthma Partnership is a collaboration between the American Lung Association in Pennsylvania and the Pennsylvania Department of Health. This collaboration is funded by the Pennsylvania Department of Health through a cooperative agreement with the Centers for Disease Control and Prevention.

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## [Before Sending Your Asthmatic Child to Summer Camp, Follow This Checklist](#)



AS THE SCHOOL YEAR winds down, many of us are planning summer camp experiences for our children. For parents or caregivers of children with asthma, this can be a daunting and tricky process. Asthma is a chronic respiratory disease that can cause worry, stress and inconvenience. But with

appropriate education and treatment, it is a manageable condition.

The Centers for Disease Control estimates that there are 6.2 million children under the age of 18 who currently have asthma. With proper understanding, good medical care and monitoring, you and your child can keep asthma well controlled. There is no cure for asthma, but your child can be active, healthy and lead a normal life by avoiding triggers and treating or preventing symptoms. An asthma care checklist can help ensure safe and fun camp adventures.

## 8 Side Effects of AC (Air Conditioner)

### Quick Links

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### Let's Stay Connected!

PA Asthma Partnership



Clean Indoor Air for PA



Healthy Air PA

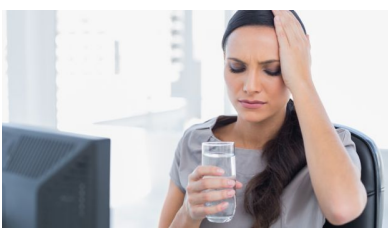


ALA in PA



PA Department of Health





The sweltering heat of summer has made us fond of air conditioners (ACs) like never before. During summer, AC is everywhere. From our offices to our cars and every room in our house, we are probably always in AC indoors. When temperatures reach as high as 45 degrees, AC becomes more of a

necessity than a luxury. But did you know that staying in AC for prolonged periods of time can have some side effects which you must watch out for. No matter how comfortable it gets, staying in AC all day, all night can have some harmful and unpleasant effects on your body.

[Read More](#) to know side effects of air condition you should watch out for!

## Continuing Education Opportunity: Asthma Educator Institute



Join Your Local American Lung Association Asthma Educator Institute

**October 18-19, 2018**  
Berks County Community Foundation  
237 Court St., Reading, PA 19601  
\$350 registration fee  
For more information, contact  
Shelly Cree at [shelly.cree@lung.org](mailto:shelly.cree@lung.org)

*"My objectives were thoroughly met. My knowledge of asthma management was increased. It uncovered my weaknesses and misconceptions and prepared me for the national exam."*

The curriculum aligns with the National Asthma Educator Certification (NAECB) Candidate Handbook and includes case reviews, hands-on skills demonstrations and practice.



The Asthma Educator Institute™ (AEI) is a two-day preparatory course for individuals who want to implement asthma guidelines-based care and those qualified to take the National Asthma Educator Certification Board (NAECB) examination. The AEI was developed with experts in the field with asthma and it reflects the National Institute of Health, Expert Panel Report 3: Guidelines for the Diagnosis and Management of Asthma.

AEI is a professional education course that targets frontline healthcare professionals, such as: nurses, nurse practitioners, respiratory therapists, physicians, physician assistants, pharmacists, other licensed or credentialed healthcare professionals, and educators with 1000+ direct hours of asthma education who are eligible to take the national asthma certification exam. In addition, the course is a great refresher for AE-C's preparing for recertification.

Applications will be submitted for contact hours for Respiratory Therapists, Registered Nurses, and Certified Health Educators/Coaches.



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### EVENT DETAILS:

October 18-19, 2018  
Berks County Community Foundation  
237 Court St., Reading, PA 19601  
\$350 registration fee  
For more information, contact  
Shelly Cree at [shelly.cree@lung.org](mailto:shelly.cree@lung.org)

## Open Airways For Schools



### Open Airways For Schools (OAS) Facilitator Training:

OAS is a school-based curriculum that educates and empowers kids through a fun and interactive approach to asthma self-management. OAS is a recommended component of the American Lung Association's Asthma-Friendly Schools Initiative, a comprehensive approach to managing asthma in schools.

[Pittsburgh, PA: July 26, 2018; 9-11:30am](#)

**\*\*Scholarships Available\*\***

Please contact Shelly Cree at [Shelly.Cree@lung.org](mailto:Shelly.Cree@lung.org) for more information

## Regional Opportunities!

### Our Sponsors



**pennsylvania**  
DEPARTMENT OF HEALTH  
[Visit our Sponsor](#)



### WESTERN REGION

- Open Airways For Schools (OAS) Facilitator Training: [Pittsburgh, PA July 26, 2018; 9-11:30AM](#)
- PA LGBTQ Health Conference: Addressing Tobacco and Behavioral Health Disparities: [Pittsburgh, PA June 12-13](#)
- Wellness 4 Schools Summer Symposium: [Pittsburgh, PA June 13; 8am-12pm](#)
- LUNG FORCE Walk/Run: [Pittsburgh, PA-October 27, 2018](#)

### CENTRAL REGION

- Pasta Run: [Harrisburg, PA- June 13,2018](#)
- PA Allergy & Asthma Association Annual Meeting: [Hershey, PA June 22-24, 2018](#)
- LUNG FORCE Walk/Run: [Harrisburg, PA- November 3, 2018](#)

**If you have an event you would like to share or promote to PA Asthma Partnership members, please email Shelly at [Shelly.Cree@lung.org](mailto:Shelly.Cree@lung.org)!**

**We thank you for your continued participation in the Pennsylvania Asthma Partnership and dedication to supporting Pennsylvanians with asthma across the Commonwealth.**

**Sincerely,**

**John Keith  
Program Manager  
PA Asthma Partnership**